



MASSAGES & TREATMENTS

Woman, man, kid, baby
thusday-friday-saturday and sunday
on reservation at the reception

Therapeutic and energetic massage

The massage with essential oils here provides deep relaxation both at the muscular and mental level which leads to an energy rebalancing.

Chf 130.— / 60 min



Muscular and nervous rebalancing

Relieves muscular pain (lumbago, torticollis, blocked back...) or nervous pain (sciatica, epicondylitis...).

Chf 130.— / 60 min

Foot reflexology

Massage of the reflex zones of the feet. It brings relaxation, revitalizes and helps with headaches, constipation, insomnia, nervousness, digestion and reduces stress.

Chf 130.— / 60 min



Vodder Lymphatic Drainage

Very gentle massage that promotes cleansing, detoxification and decongestion of connective tissue. It stimulates the circulation of the lymphatic and blood system. (Heavy legs, water retention, constipation, stress, stimulates the immune system...)

Chf 130.— / 60 min



Cellular bioenergetic osteopathy with release of the pericardium

The pericardium is a membrane that surrounds the heart. By this method derived from osteopathy, you will help him to pursue his vital functions as well as a harmonization of the body as a whole.

Chf 130.— / 60 min

Aromatouch®

This method provides well-being and reduces physical and emotional stressors and rebalances the central nervous system. Use of essential dōTERRA® oils.

Chf 130.— / 60 min



Reiki

This Life energy is transmitted through the hands. It acts on all levels, from the psychic to the spiritual. Useful for dissolving blockages, promoting general relaxation and regulating the energy system.

Chf 130.— / 60 min

Wellness Package

Bioenergetic osteopathy massage + Aromatouch®

Chf 180.— / 90 min